# Rajiv Gandhi University of Health Sciences, Karnataka

**Second Year M.Sc. Clinical Psychology Degree Examination – 21-May-2026**

**[Time: 3 Hours]** **[Max. Marks: 100]**

## FAMILY AND GROUP COUNSELING – PAPER-II (RS)
## Q.P. CODE: 8063

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

**Answer All The Questions** **10 X 10 = 100 Marks**

1. What are the professional issues in family and marriage counselling.
2. Discuss the changing trends in marriage and family structure.
3. Briefly explain power – gender role and conflict resolution in family dynamics.
4. Explain the different methods of assessment in family science.
5. Compare and contrast cognitive behavioral family therapy and experiential family therapy.
6. Write a note on Brief marital therapy.
7. Define group counselling. Explain its goals and functions.
8. Define Co-leadership. Discuss the problems and issues faced by the group leader.
9. Enumerate the different skills required in group counselling.
10. Describe the Gestalt approach in group counselling.

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**Second Year M.Sc. Clinical Psychology Degree Examination – 25-May-2026**

**[Time: 3 Hours]** **[Max. Marks: 100]**

## HEALTH PSYCHOLOGY – PAPER -III (RS)
## Q.P. CODE: 8064

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

**Answer All The Questions** **10 X 10 = 100 Marks**

1. Explain the psychologist's role in health promotion.
2. Define stress. Explain the physiology of stress.
3. Discuss the risk factors and preventive measures to cope with cardiovascular disease.
4. Discuss the symptoms, process of transmission of AIDS and its impact on the individual.
5. Write a note on illness life cycle.

6. Name the various interventions for helping people with chronic illness. Explain in detail any two of them.

7. Examine the importance of conceptualization of neurological illness deficits.

8. How do you measure pain and the means to manage pain?

9. Elaborate on the psychological intervention for dysmenorrhoea and PCOD.

10. Write a note on nephritic syndrome.

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