Rajiv Gandhi University of Health Sciences, Karnataka

Second Year M.Sc. Clinical Psychology Degree Examination – 08-May-2025

[Time: 3 Hours] **[Max. Marks: 100]**

FAMILY AND GROUP COUNSELING
PAPER – II (RS)
Q.P. CODE: 8063

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

Answer All The Questions **10 X 10 = 100 Marks**

1. What are the professional issues in family and marriage counseling?
2. Discuss the changing trends in marriage and family structure
3. Discuss the impact of child psychopathology and family problems
4. Discuss the methods of assessment in family and couple counseling
5. Write a note on strategic family therapy
6. Write a note on conjoint family therapy
7. Examine the different types of groups
8. Explain the roles and functions of a group leader
9. Enumerate the different skills required in group counseling
10. Describe the process of transactional analysis in group counseling

Second Year M.Sc. Clinical Psychology Degree Examination – 13-May-2025

[Time: 3 Hours] **[Max. Marks: 100]**

HEALTH PSYCHOLOGY
PAPER – III (RS)
Q.P. CODE: 8064

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

Answer All The Questions **10 X 10 = 100 Marks**

1. Define health. Examine the illness-wellness continuum
2. Explain the connection between stress and disease
3. Write a note on behavioural health
4. Examine the risk factors as well as the means of modifying the risk factors of cancer
5. Write a note on the concepts of body image, sexuality, psycho social adaptation, stigma and discrimination with respect to health
6. Examine the role of community, spiritual and family intervention in dealing with the impact of chronic illness
7. Examine the importance of conceptualization of neurological illness deficits
8. Discuss the theories of pain explaining its nature
9. Elaborate on the psychological intervention for reproductively health of women
10. Examine the interventions in the context of kidney disease

* * * * *

Rajiv Gandhi University of Health Sciences, Karnataka

Second Year M.Sc. Clinical Psychology Degree Examination – 19-May-2025

[Time: 3 Hours] **[Max. Marks: 100]**

COUNSELING AND PSYCHOTHERAPY – PAPER -I (RS)
Q.P. CODE: 8062

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

Answer All The Questions **10 X 10 = 100 Marks**

1. What is an ethical dilemma? Discuss the effective ways to resolve it.
2. Write a note on the objectives and techniques used in re-educative psychotherapies.
3. Summarize the salient features of brief dynamic therapies.
4. Brief on person centred psychotherapy.
5. What is an eclectic approach? Justify using an eclectic approach over other specific approaches.
6. Highlight Benson's relaxation therapy features, procedures and uses.
7. Describe the salient features of Acceptance and commitment therapy.
8. Critically examine the effectiveness of non-directive therapy used with children.
9. Discuss the crisis intervention strategies available to deal with suicide.
10. Write a brief history of psychotherapy in India.

* * * * *

Second Year M.Sc. Clinical Psychology Degree Examination – 11-Nov-2025

[Time: 3 Hours] **[Max. Marks: 100]**

COUNSELING AND PSYCHOTHERAPY
PAPER – I (RS)
Q.P. CODE: 8062

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

Answer All The Questions **10 X 10 = 100 Marks**

1. Examine the different approaches to counseling and psychotherapy
2. Describe the stages of counseling and psychotherapy
3. Examine the Neo Freudian approaches in counseling
4. Explain the philosophical assumptions existential therapies
5. Discuss the goals and techniques of supportive therapy
6. Examine the theoretical and conceptual issues of behaviour therapy
7. Examine the theoretical foundations of cognitive therapies
8. Examine the general principles and nature of child therapy
9. Examine the therapy used in various trauma conditions
10. Examine the relevance of western approaches in the Indian context

* * * * *

Rajiv Gandhi University of Health Sciences, Karnataka

Second Year M.Sc. Clinical Psychology Degree Examination – 13-Nov-2025

[Time: 3 Hours] **[Max. Marks: 100]**

FAMILY AND GROUP COUNSELING – PAPER-II (RS)
Q.P. CODE: 8063

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

Answer All The Questions **10 X 10 = 100 Marks**

1. What are the professional issues involved in family and marriage counselling?
2. Give an outline of the policies and programs related to marriage and divorce.
3. Elaborate on the impact of chronic illness and death on the family life cycle.
4. Write a note on the NIMHANS model of family assessment.
5. Critically evaluate the outcome of strategic family therapy.
6. What is brief marital therapy? Describe the essential features of it.
7. Discuss the rights of participants in group counselling.
8. Describe the transition stage of group development.
9. Summarize the classification of group counselling skills.
10. Examine the group techniques used in the gestalt approach.

* * * * *

Second Year M.Sc. Clinical Psychology Degree Examination – 18-Nov-2025

[Time: 3 Hours] **[Max. Marks: 100]**

HEALTH PSYCHOLOGY
PAPER – III (RS)
Q.P. CODE: 8064

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

Answer All The Questions **10 X 10 = 100 Marks**

1. Discuss the concept of body mind connection
2. Write a note on psycho-neuro-immunology
3. Examine the psychosocial impact and rehabilitation of cardiovascular disease
4. Write a note on psycho oncology
5. Examine the impact of chronicity on individual and the family
6. Name the various interventions for helping people with chronic illness. Explain in detail any two of them
7. Enumerate the cognitive problems experienced by persons with neurological illness
8. Write a note on Bio-psycho-social aspect of pain
9. Elaborate on the psychological intervention for dysmenorrhoea and PCOD
10. Examine the interventions in the context of kidney disease