Rajiv Gandhi University of Health Sciences, Karnataka

Second Year M.Sc. Clinical Psychology Degree Examination – 17-May-2023

[Time: 3 Hours] [Max. Marks: 100]

COUNSELING AND PSYCHOTHERAPY – PAPER -I (RS)
Q.P. CODE: 8062

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

Answer All The Questions 10 X 10 = 100 Marks

1. Discuss the professional and ethical issues in counselling.
2. Discuss the stages of counselling and psychotherapy.
3. Explain the psychoanalytic approach in counselling.
4. Examine the principles and techniques in gestalt therapy.
5. Discuss the goals and techniques of Supportive Therapy.
6. Discuss systematic desensitization as a behavioral intervention.
7. Explain the Child psychoanalytic techniques with reference to Anna Freud.
8. Describe Michenbaum's Cognitive Behaviour Modification approach.
9. Briefly discuss the strategies for crisis management.
10. What are the recent trends in counselling and psychotherapy?

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Second Year M.Sc. Clinical Psychology Degree Examination – 19-May-2023

[Time: 3 Hours] [Max. Marks: 100]

FAMILY AND GROUP COUNSELING
PAPER – II (RS)
Q.P. CODE: 8063

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

Answer All The Questions 10 X 10 = 100 Marks

1. Discuss the theoretical approaches to family and marriage counseling
2. Mention the characteristics of Indian families
3. Briefly explain power – gender role and conflict resolution in family dynamics
4. Explain the different methods of assessment in family science
5. Explain the process of Bowen family therapy
6. Compare and contrast the individual couple and couples group therapy
7. Define group counseling. Explain its goals and functions
8. Explain the different stages in group development
9. Explain the process of group counseling
10. Explain psychodrama as a group technique and its benefits

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Rajiv Gandhi University of Health Sciences, Karnataka

Second Year M.Sc. Clinical Psychology Degree Examination – 22-May-2023

[Time: 3 Hours] [Max. Marks: 100]

HEALTH PSYCHOLOGY – PAPER -III (RS)
Q.P. CODE: 8064

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

Answer All The Questions 10 X 10 = 100 Marks

1. Elaborate on your understanding of body-mind connection.
2. How does psychoneuroimmunology explain stress and coping?
3. Discuss the impact of diet and exercise on illness.
4. How will you help a patient diagnosed with Cancer as a mental health professional?
5. Write in detail the socio-cultural impact of chronic illness.
6. Summarise the effectiveness of self-help groups as an intervention for dealing with chronic illness.
7. Distinguish remediation from compensation with an example.
8. Discuss the methods to treat pain.
9. What are the psychological interventions available for PCOD?
10. Write a detailed account on the psychological concerns associated with dialysis.

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Second Year M.Sc. Clinical Psychology Degree Examination – 23-Nov-2023

[Time: 3 Hours] [Max. Marks: 100]

COUNSELING AND PSYCHOTHERAPY – PAPER -I (RS)
Q.P. CODE: 8062

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

Answer All The Questions 10 X 10 = 100 Marks

1. Examine the different approaches to counselling and Psychotherapy.
2. Write a note on Case conceptualization.
3. Examine the Psychoanalytical approach in Counselling.
4. Discuss the importance of Transactional Analysis in Counselling.
5. Write a note on solution focused brief therapy.
6. Explain how Aversive procedures help to modify maladaptive behaviors.
7. Examine the various Cognitive Distortions according to Beck.
8. What is Behavioral contracting? Give the steps and its benefits.
9. Examine the therapy used in various Trauma conditions.
10. Describe the history of Counselling and Psychotherapy in India.

Rajiv Gandhi University of Health Sciences, Karnataka

Second Year M.Sc. Clinical Psychology Degree Examination – 28-Nov-2023

[Time: 3 Hours] [Max. Marks: 100]

FAMILY AND GROUP COUNSELING
PAPER – II (RS)
Q.P. CODE: 8063

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

Answer All The Questions 10 X 10 = 100 Marks

1. Discuss the nature and historical background of family and marriage counseling
2. Write a short note on any two of the following – Divorce and remarriage, cohabitation stages of marriage, factors affecting spouse selection
3. Discuss the impact of family burden and role strain
4. Discuss in brief NIMHANS model of family assessment
5. Compare and contrast cognitive behavioral family therapy and experiential family therapy
6. Discuss the psycho-education models in family therapy
7. Elaborate on the ethical and professional issues in group counseling
8. Define Co-leadership. Discuss the problems and issues faced by the group leader
9. Enumerate the different skills required in group counseling
10. Describe the Gestalt approach in group counseling

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Second Year Master of Science in Clinical Psychology Degree Examination - 23-Nov-2023

Time: Three Hours Max. Marks: 100 Marks

COUNSELING AND PSYCHOTHERAPY
Q.P. CODE: 9045

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

Answer All The Questions 10 X 10 = 100 Marks

1. Describe the Egan's Model of Counseling with suitable examples.
2. Discuss the role, importance and nature of School Counselling.
3. Discuss the techniques involved in Adlerian psychotherapy.
4. Outline the major components to be recorded in Psychotherapy.
5. Elaborate on any ten therapeutic skills of counseling.
6. Describe the theoretical foundation of Logotherapy.
7. Discuss different types of assertive responses with example.
8. Give the psychodynamic theoretical explanations of art therapy.
9. Describe the steps involved in problem solving.
10. Elaborate on gender sensitive counseling.

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Rajiv Gandhi University of Health Sciences, Karnataka

Second Year M.Sc. Clinical Psychology Degree Examination – 02-Dec-2023

[Time: 3 Hours] [Max. Marks: 100]

HEALTH PSYCHOLOGY – PAPER -III (RS)

Q.P. CODE: 8064

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

Answer All The Questions 10 X 10 = 100 Marks

1. Discuss the role of psychology in health.
2. How does biofeedback can be used to cope with stress?
3. Write a note on healthy lifestyle.
4. What are risk factors associate with cancer?
5. Critically examine the factors affecting chronicity.
6. Elaborate on the community intervention for dealing with the impact of chronic illness.
7. Discuss cognitive problems among people with neurological deficits.
8. Write a note on pain perception.
9. Write in detail the psychological intervention in the context of premenstrual stress and infertility.
10. Discuss the psychological intervention in the context of kidney transplant.

Second Year Master of Science in Clinical Psychology Degree Examination - 02-Dec-2023

Time: Three Hours Max. Marks: 100 Marks

HEALTH PSYCHOLOGY

Q.P. CODE: 9047

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

Answer All The Questions 10 X 10 = 100 Marks

1. “If health is lost everything is lost”. Suggest various modes of disease prevention and health promotion.
2. Discuss the impact of chronic illness on the individual and his family.
3. Describe the psychology interventions for managing the reproductive health problems of women.
4. Examine the health related behaviors.
5. What is the impact of unintentional injuries on children, youth and adults?
6. What are the inherent, environmental and behavioral risk factors for cancer?
7. Examine the challenges to be faced by a Health Psychologist in the present era.
8. Discuss the community interventions for dealing with the impact of chronic illness.
9. What is pain perception? Describe the evidence indicating the psychological processes to moderate pain.
10. What is Nephritic syndrome? Suggest means to handle the effects of it and manage the symptoms.