Rajiv Gandhi University of Health Sciences, Karnataka

Second Year M.Sc. Clinical Psychology Degree Examination – 12-Jan-2022

[Time: 3 Hours] [Max. Marks: 100]

COUNSELING AND PSYCHOTHERAPY – PAPER -I (RS)

Q.P. CODE: 8062

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

Answer All The Questions 10 X 10 = 100 Marks

1. Compare and contrast between Individual, Group and Family approach to psychotherapy.
2. Discuss the salient features of Gerard Egan's model of counselling.
3. Examine the techniques used in classical psychoanalysis.
4. Illustrate script analysis with an example.
5. What are Miracle and Scaling questions? When are these questions used?
6. Write the steps involved in developing hierarchy in systematic desensitisation
7. Elucidate the steps and describe the users of JPMR
8. Describe the procedure used in behavioural contracting with children and adolescents.
9. Prepare a hypothetical treatment plan for the elderly facing domestic abuse and violence.
10. Write a note on the current trends in psychotherapy in India.

Second Year M.Sc. Clinical Psychology Degree Examination – 14-Jan-2022

[Time: 3 Hours] [Max. Marks: 100]

FAMILY AND GROUP COUNSELING – PAPER-II (RS)

Q.P. CODE: 8063

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

Answer All The Questions 10 X 10 = 100 Marks

1. Discuss the theoretical approaches to family and marriage counseling.
2. Write a short note on any two of the following – Divorce and remarriage, Cohabitation, Stages of marriage, factors affecting spouse selection.
3. What are the different stresses experienced in the family?
4. Discuss in brief NIMHANS model of family assessment.
5. Explain the process of Bowen Family therapy.
6. Compare and contrast the individual couple and couples group therapy.
7. Elaborate on the ethical and professional issues in group counselling.
8. Explain the different stages in group development.
9. Enumerate the different skills required in group counselling.
10. Describe the process of transactional analysis in group counseling.

Rajiv Gandhi University of Health Sciences, Karnataka

Second Year M.Sc. Clinical Psychology Degree Examination – 17-Jan-2022

[Time: 3 Hours] [Max. Marks: 100]

HEALTH PSYCHOLOGY – PAPER -III (RS)
Q.P. CODE: 8064

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

Answer All The Questions 10 X 10 = 100 M

1. Define health. Examine the illness-wellness continuum.
2. Discuss briefly the theories of stress.
3. Write a note on behavioural health.
4. Write a not eon psycho oncology.
5. What are the behaviour modification techniques for healthy living.
6. Discuss the strategies to help people with cognitive deficits.
7. Discuss the theories of pain.
8. Write a note on premenstrual stress and suggest methods to handle it.
9. Examine the interventions in the context of kidney disease.
10. Briefly explain the interventions dealing with chronic illness.

Second Year M.Sc. Clinical Psychology Degree Examination – 21-Dec-2022

[Time: 3 Hours] [Max. Marks: 100]

COUNSELING AND PSYCHOTHERAPY – PAPER -I (RS)
Q.P. CODE: 8062

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

Answer All The Questions 10 X 10 = 100 Marks

1. Discuss the Professional, Ethical and Cultural issues Counselling and Psychotherapy.
2. Examine the difference between Psychoanalytic and Neo Freudian approaches.
3. Discuss the therapeutic skills required in counselling.
4. Write a note on Emotion Focused brief therapy.
5. Describe the process of Person Centered Psychotherapy.
6. Examine the General principles and nature of child therapy.
7. Write a note on Social Skills Training and its benefits.
8. Describe the process of Rational Emotive Therapy.
9. Examine the issues of Adolescents and suggest methods to handle them.
10. What are the current trends in Counselling and Psychotherapy?

Rajiv Gandhi University of Health Sciences, Karnataka

Second Year M.Sc. Clinical Psychology Degree Examination – 23-Dec-2022

[Time: 3 Hours] [Max. Marks: 100]

FAMILY AND GROUP COUNSELING – PAPER-II (RS)
Q.P. CODE: 8063

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

Answer All The Questions 10 X 10 = 100 Marks

1. Discuss the nature and historical background of family and marriage counseling.
2. Explain the different types of family.
3. What are the different stresses experienced in the family?
4. Explain the different methods of assessment in family science.
5. Write a note on strategic family therapy.
6. Write a note on conjoint family therapy.
7. Define group counseling. Explain its goals and functions.
8. Define Co-leadership. Discus the problems and issues faced by the group leader.
9. Discuss the psycho-education models in family therapy.
10. Describe the process of transactional analysis in group counseling.

Second Year M.Sc. Clinical Psychology Degree Examination – 26-Dec-2022

[Time: 3 Hours] [Max. Marks: 100]

HEALTH PSYCHOLOGY – PAPER -III (RS)
Q.P. CODE: 8064

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

Answer All The Questions 10 X 10 = 100 Marks

1. Write a short note on body mind connection.
2. Examine the technique used to cope with stress.
3. Write a note on Healthy life style.
4. Examine the risk factors as well as the means of modifying the risk factors of cancer.
5. What is chronic illness? Describe the factors responsible for chronicity.
6. How can you help people with cognitive deficits?
7. Explain the behaviour modification techniques for healthy living?
8. How will you assess pain in children? Discuss the management of pain.
9. Write a note on premenstrual stress and suggest methods to handle it.
10. Examine the interventions in the context of kidney disease.