Rajiv Gandhi University of Health Sciences, Karnataka

Second Year Master of Science in Clinical Psychology Degree Examination - 16-Jul-2021

Time: Three Hours **Max. Marks: 100 Marks**

COUNSELING AND PSYCHOTHERAPY - PAPER – I

Q.P. CODE: 9045

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary.

Answer All The Questions **10 x 10 = 100 Marks**

1. Differentiate between covert and overt sensitization procedures. What are they commonly used for and how?

2. What factors led to the development of brief dynamic therapies? Evaluate the need and relevance of brief work in psychotherapy.

3. Compare and contrast the third wave cognitive therapies.

4. Explain how the psychotherapy setting is relevant to the process of psychotherapy.

5. Explain the four life positions, life-scripts, the three ego states, contamination and exclusion in TA.

6. Mention the goals and techniques of the emotion focused interventions.

7. What are behavioural contracts? Explain the different types. How are they used in contingency management?

8. Discuss the interventions commonly used for managing grief and bereavement.

9. What are the qualities of the therapist that contribute towards the effectiveness of psychotherapy? What qualities could be potentially detrimental?

10. Does psychotherapy help people with personality disorders? Justify your answer with evidence.

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Second Year Master of Science in Clinical Psychology
Degree Examination - 19-Jul-2021

Time: Three Hours **Max. Marks: 100 Marks**

FAMILY AND GROUP INTERVENTION - PAPER – II
Q.P. CODE: 9046

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary.

Answer All The Questions **10 x 10 = 100 Marks**

1. Outline a standard theoretical formulation for family therapy.
2. Discuss the impact of various stressful life events on the coping patterns of the family.
3. List out the reasons for marrying. What are the factors affecting spouse selection?
4. Discuss the key developmental and emotional issues in each of the family life cycles stages.
5. Discuss the types of cognitive distortions according to Datillio.
6. Indicate the usefulness of psychodrama as a group technique.
7. List out the advantages of family counseling in comparison to individual counseling.
8. What use does the Genogram provide in a detailed evaluation of family dynamics? Discuss its uses in family therapy.
9. Discuss the steps followed to fight fairly and constructively to resolved conflicts in the relationship.
10. Write a note on the history of family therapy.

Rajiv Gandhi University of Health Sciences, Karnataka

Second Year Master of Science in Clinical Psychology Degree Examination - 22-Jul-2021

Time: Three Hours **Max. Marks: 100 Marks**

HEALTH PSYCHOLOGY
PAPER – III (RS)
Q.P. CODE: 9047

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary.

Answer All The Questions **10 x 10 = 100 Marks**

1. Discuss the psychosocial impact of cardiovascular disease. Suggest the means to cope with it.
2. Examine the impact of chronic illness on an individual's quality of life.
3. Describe the psychological interventions for managing reproductive health problems in women.
4. Discuss the role of health psychologists in health promotion.
5. Comment on the theories of stress in understanding stress.
6. What are the inherent, environmental, and behavioral risk factors for cancer?
7. What is pain perception? Describe the evidence indicating that psychological processes moderate pain.
8. Write the nature and risk factors of diabetes.
9. Examine the lifestyle and developmental risk factors to health.
10. Write your management plan for the case with HIV/ AIDS.