Rajiv Gandhi University of Health Sciences, Karnataka

Second Year Master of Science in Clinical Psychology Degree Examination - 09-Dec-2020

Time: Three Hours
Max. Marks: 100 Marks

COUNSELING AND PSYCHOTHERAPY
PAPER – I (RS)
Q.P. CODE: 9045

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary.

Answer All The Questions **10 x 10 = 100 Marks**

1. Analyze the similarities and differences between counselling and psychotherapy. How does the training and work of a counsellor differ from that of a psychotherapist?
2. Describe the process of case conceptualization in psychotherapy.
3. Has the psychoanalytical approach lost relevance in modern times? Justify your answer.
4. Discuss the concepts and techniques used in Gestalt Therapy.
5. Critically analyze and comment on the ethical issues in the practice of behaviour therapy.
6. Relaxation techniques are indicated in which kind of diagnoses/problems? What are the rationales of JMPR and Guided imagery?
7. List and explain ten reattribution techniques in cognitive behavioural work.
8. What are the claimed advantages of non-directive work with children? Critically comment on the same.
9. Discuss the general principles to be follow when designing and implementing therapy interventions during disasters.
10. Trace the evolution of psychotherapy in India as we know it.

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Second Year Master of Science in Clinical Psychology
Degree Examination - 11-Dec-2020

Time: Three Hours **Max. Marks: 100 Marks**

FAMILY AND GROUP INTERVENTION
PAPER – II (RS)
Q.P. CODE: 9046

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary.

Answer All The Questions **10 x 10 = 100 Marks**

1. Evaluate cultural influences in contemporary family counseling.
2. Explain on psycho-education models for parenting programs and families with mental illness.
3. Compare and contrast individual couple counseling and group couple counseling.
4. Write a note on development of family across the life span.
5. Describe the process of premarital counseling and reflect on its importance.
6. How do power and gender roles bring conflict in a marital relationship?
7. Write a note on methods of assessment in family therapy.
8. Discuss the therapeutic techniques of structural family therapy.
9. Describe the ethical and professional issues in group counseling.
10. Write a note on TA and its importance in group therapy.

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Second Year Master of Science in Clinical Psychology Degree Examination - 14-Dec-2020

Time: Three Hours **Max. Marks: 100 Marks**

HEALTH PSYCHOLOGY
PAPER – III (RS)
Q.P. CODE: 9047

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary.

Answer All The Questions **10 x 10 = 100 Marks**

1. Explain the important theories of pain. Briefly describe the biological mechanisms implicated in gate theory.
2. Describe kidney disease and renal failure and discuss the psychosocial interventions in adjunct treatment.
3. Illustrate the physiological processes and neural structures involved in the experience of stress.
4. Discuss the psycho-social impact of infertility and other reproductive issues in women.
5. Explain the mind-body connection and how it is implicated in the application of psychological therapies for bodily illness concerns.
6. What are the factors affecting chronicity of illness? Discuss the impact of chronic illnesses on quality of life?
7. What are the lifestyle risk factors for cardiovascular disease? How can this risk be minimized?
8. Explain how psychotherapy can help in addressing caregiver burden.
9. Illustrate the clinical picture of HIV aids: its progression and symptoms, risk factors and impact on general health.
10. Discuss the specific interventions developed for enhancing cognitive functions.

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