Rajiv Gandhi University of Health Sciences, Karnataka

Second Year Master of Science in Clinical Psychology Degree Examination - SEP-2019

Time: Three Hours **Max. Marks: 100 Marks**

Counseling and Psychotherapy

PAPER – I
Q.P. CODE: 9045

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS (Answer any two) **2 x 20 = 40 Marks**

1. Discuss the therapeutic techniques used in the case of children. And describe the general principles of intervention with children.
2. Describe the principles, techniques, and application of psychodynamic psychotherapy.
3. Elaborate the concept of Eclecticism, effort at integration, process, and evaluation of Eclecticism.

SHORT ESSAYS (Answer any six) **6 x 10 = 60 Marks**

4. Write a note on importance of Planning and recording in psychotherapy and counseling.
5. Briefly discuss the models of counseling.
6. Explain Beck's cognitive behavior model.
7. Write a short essay on Logo therapy.
8. Discuss the current trends in dealing with anxiety disorder.
9. Define school counseling and write the scope and goals of it.
10. What are the components of social skills training?
11. Write a short note on gender sensitive counseling.

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Second Year Master of Science in Clinical Psychology Degree Examination - OCT-2019

Time: Three Hours **Max. Marks: 100 Marks**

Family and Group Intervention
PAPER – II
Q.P. CODE: 9046

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS (Answer any two) **2 x 20 = 40 Marks**

1. Discuss the theoretical formulation, normal family development, development of behaviour disorders, goals of Bowen Family Systems therapy.
2. Discuss the issues the leader has to handle in different stages of group development.
3. Delineate NIMHANS model of family assessment with special reference to Genogram.

SHORT ESSAYS (Answer any six) **6 x 10 = 60 Marks**

4. Explain the scope and theoretical approaches to family and marriage counseling.
5. Discuss the key developmental and emotional issues in each of the family life cycle.
6. Deliante the conflict resolution techniques and importance of managing economic resources in family
7. Explain the goals and therapeutic process of Cognitive Behavioural Family Therapy.
8. Differentiate individual couple therapy and couple group therapy
9. Changing trend in family structure Indian family
10. Explain group counseling skills
11. Describe the process of premarital counseling.

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Second Year Master of Science in Clinical Psychology Degree Examination - OCT-2019

Time: Three Hours **Max. Marks: 100 Marks**

Health Psychology
PAPER – III
Q.P. CODE: 9047

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS (Answer any two) **2 x 20 = 40 Marks**

1. Discuss the nature, risk factors and psychosocial impact of HIV/AIDS.
2. Discuss the psychological interventions in the context of reproductive health of women.
3. Elaborate on stress and illness and psychosocial interventions to cope with stress.

SHORT ESSAYS (Answer any six) **6 x 10 = 60 Marks**

4. Briefly describe your management plan for the case of chronic pain.
5. Write a note on psychosocial intervention in the case of Kidney disease.
6. Explain the psychological intervention for the condition of obesity.
7. Write short essay on body-mind connection.
8. What is psycho-oncology? Discuss the psychosocial intervention in the case of one who is advised to undergo chemotherapy.
9. What are the psychological interventions in the context of Cardio vascular disorder?
10. Explain the importance of social support and family intervention in the case of chronic illness.
11. Discuss the Behavior modification techniques for a healthy living with suitable examples.

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