Rajiv Gandhi University of Health Sciences, Karnataka

Second Year Master of Science in Clinical Psychology Degree Examination - SEP-2018

Time: Three Hours **Max. Marks: 100 Marks**

Counseling and Psychotherapy
PAPER – I
Q.P. CODE: 9045

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS (Answer any two) **2 x 20 = 40 Marks**

1. Discuss the principles and techniques of psychoanalytic psychotherapy.
2. Critically examine the theoretical foundations and principles of Rational Emotive Behavior therapy.
3. Discuss the scope, goals, methods and the school based Life Skills Training in school counseling to prevent mental disorders.

SHORT ESSAYS (Answer any six) **6 x 10 = 60 Marks**

4. Discuss the professional and ethical issues involved in counseling and psychotherapy.
5. Describe the characteristics of reconstructive psychotherapy.
6. Discuss the techniques used in Logotherapy.
7. Describe the characteristics of different types of clients classified in Solution Focused Brief Therapy.
8. What are the cognitive distortions described in cognitive behavior therapy?
9. Discuss on counseling elderly.
10. Discuss current trend of counseling and psychotherapy in India.
11. Summarize the model of Interpersonal Psychotherapy.

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Time: Three Hours **Max. Marks: 100 Marks**

Family and Group Intervention
PAPER – II
Q.P. CODE: 9046

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS (Answer any two) **2 x 20 = 40 Marks**

1. Discuss the types of families. Explain the characteristics of Indian family.
2. Explain different methods of family assessment and importance of assessment in family therapy.
3. Elaborate on the goals, process and types of group counseling.

SHORT ESSAYS (Answer any six) **6 x 10 = 60 Marks**

4. Write a note on stage specific issue in the context of mid life crisis and old age.
5. Write the different laws for Divorce in India.
6. Nature and scope of family and marriage counseling.
7. Explain Bowen's family therapy model.
8. Why Identifying non-verbal behaviors are important in the group counseling?
9. Write a short essay on Expressed Emotions.
10. Indicate the usefulness of psychodrama as a group technique.
11. Write a note on communication skills training.

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Second Year Master of Science in Clinical Psychology
Degree Examination - SEPT-2018

Time: Three Hours **Max. Marks: 100 Marks**

Health Psychology

PAPER – III

Q.P. CODE: 9047

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS (Answer any two) **2 x 20 = 40 Marks**

1. Elaborate on psychological intervention of cancer and HIV/AIDS.
2. Explain how stress is the cause of illness. Suggest measures to cope with stress.
3. Discuss the psychological impact of cardiovascular disease and diabetes. How can they be prevented?

SHORT ESSAYS (Answer any six) **6 x 10 = 60 Marks**

4. Explain the current perspectives on health. What is the role of psychology in health?
5. How do you assess pain? Explain the ways through which you can manage clinical pain.
6. Elaborate on the interventions for dealing with impact of chronic illness.
7. Write a note on PMS and Hysterectomy.
8. Describe the psychological intervention in context of organ transplantation.
9. Discuss the factors affecting illness life cycle and its impact on the quality of life.
10. Examine the behaviour modification techniques for healthy living.
11. Suggest measures to help people with smoking tobacco and over eating.