Rajiv Gandhi University of Health Sciences, Karnataka

Second Year Master of Science in Clinical Psychology Degree Examination - OCT-2017

Time: Three Hours | Max. Marks: 100 Marks

Counseling and Psychotherapy

PAPER – I

Q.P. CODE: 9045

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS (Answer any two) 2 x 20 = 40 Marks

1. Write in detail the stages of counselling and psychotherapy.
2. Discuss different types of exposure techniques used in behavior therapy.
3. Discuss the history of counseling and psychotherapy in India.

SHORT ESSAYS (Answer any six) 6 x 10 = 60 Marks

4. Write the characteristics of an ideal counseling and psychotherapy settings.
5. Discuss the importance of therapeutic relationships in the helping profession.
6. Examine the theory of self psychology in helping a client to overcome the psychological issues.
7. Describe the contact boundary disturbances as discussed in gestalt therapy.
8. Discuss multimodal therapy as an eclectic approach to counseling and psychotherapy.
9. Discuss the contribution made by Michenbaum to deal with stress.
10. Describe the procedures followed in Behavioral Contracting.
11. Discuss the procedures followed in dealing with clients having suicidal ideation or attempted suicide.

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Time: Three Hours | Max. Marks: 100 Marks

Family and Group Intervention

PAPER – II

Q.P. CODE: 9046

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS (Answer any two) 2 x 20 = 40 Marks

1. Describe the methods of assessment in family sciences.
2. Discuss the theoretical formulation, normal family development, development of behaviour disorders, goals, conditions for behavior change, process and evaluation of Bowen Family Systems theory.
3. Discuss the stages of group development.

SHORT ESSAYS (Answer any six) 6 x 10 = 60 Marks

4. Discuss the nature, historical background and scope of family therapy.
5. Write a note on families across a life span.
6. How does a power and gender role bring in conflict in marriage relationship?
7. Indicate the usefulness of psychodrama as a group technique.
8. Discuss the therapeutic techniques of Experiential Family Therapy.
9. Write a note on Relationship Enhancement Program.
10. Differentiate individual couple therapy and couple group therapy.
11. Write a note on ethical and professional issues in group counseling.

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Time: Three Hours | Max. Marks: 100 Marks

Health Psychology
PAPER – III
Q.P. CODE: 9047

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS (Answer any two) 2 x 20 = 40 Marks

1. Elaborate on the risk factors, psychosocial impact and the intervention for Cardio-vascular disease.
2. Discuss the impact of chronic illness on the individual and his family.
3. Explain the theories of pain, management and the controlling of Pain.

SHORT ESSAYS (Answer any six) 6 x 10 = 60 Marks

4. Delineate the developmental, gender and socio-cultural factors in health.
5. Write a note on psycho-neuro-immunology.
6. Explain the psychosocial factors in weight control and how to prevent overweight.
7. What is psycho-oncology and explain the prevention of Cancer?
8. Discuss the psychosocial methods to deal with substance abuse.
9. Explain the intervention to increase patient's compliance to treatment.
10. Elaborate on the psychological intervention for infertility and PCOD.
11. Write a note on nephritic syndrome.

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